

Worksheet:

A, B, C what about energy?

KITCHEN

A. List the energy consumption points or devices.

1.....	9.....
2.....	10.....
3.....	11.....
4.....	11.....
5.....	12.....
6.....	13.....
7.....	14.....
8.....	15.....

B. Indicate how you will reduce your energy intake at these points before.

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C. What can you give up? (indicate e.g. 3 things).

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